



CONSUMER HEALTH INTERNATIONAL PRODUCT LIST 2024



By your side in self care





DAMADOL[®] 400MG

ACTIVE INGREDIENTS:

Ibuprofen.

MAIN BENEFITS:

- Analgesic action: relief of mild to moderate pain, such as headache, toothache and muscle pain.
- Antipyretic action: relief of febrile conditions.

FORMAT:

Stick Pack 400mg (Box of 10 and 20 stick packs). Film-coated tablets 400mg (Box of 20 or 30 tablets).

MARKET POSITIONING: Pain.

EU CLASSIFICATION: Well Established Use.







DAMADOL® PEDIATRIC

ACTIVE INGREDIENTS:

Ibuprofen.

MAIN BENEFITS:

• For the symptomatic relief of occasional mild or moderate pain, as well as feverish states.

FORMAT:

1 box: 20 stick packs of 10 ml. (> 7 years old). 20mg/ml bottle. 40 mg/ml bottle.

MARKET POSITIONING:

Pain.

EU CLASSIFICATION:

Well Established Use.









KERNADOL®

ACTIVE INGREDIENTS:

Paracetamol.

MAIN BENEFITS:

• Analgesic action: relief of mild to moderate pain, such as headache, toothache and muscle pain.

• Antipyretic action: relief of febrile conditions.

FORMAT:

Stick pack format: 500mg and 650mg: 1 box with 10 and 20 stick packs. 1g: 1 box with 10 stick packs.

Tablet format: 500mg: 20 tablets. 650mg: 1 box with 12, 20, 40 tablets. 1g: 1 box with 10, 18, 20, 40 tablets.

MARKET POSITIONING:

Pain.

EU CLASSIFICATION: Well Established Use.







KERNADOL® PEDIATRIC

ACTIVE INGREDIENTS:

Paracetamol.

MAIN BENEFITS:

- Analgesic action: relief of mild to moderate pain, such as headache, toothache and muscle pain.
- Antipyretic action: relief of febrile conditions.

FORMAT:

100mg/ml: Bottles 30ml and 60ml.

MARKET POSITIONING:

Pain.

EU CLASSIFICATION:

Well Established Use.







DICLOKERN[®] FORTE 23,2 MG/G GEL

MAIN BENEFITS:

• Indicated for the local relief of mild pain and occasional inflammation in adults and adolescents over 14 years of age.

ACTIVE INGREDIENTS: 23,2 mg de diclofenac dietilamina.

FORMAT: Available tube formats: 30g, 50g, 100g, 120g, 150g, 180g.

MARKET POSITIONING: Pain.

POSOLOGY:

Apply the gel on the affected area 2 times a day, every 12 hours, (preferably morning and night), with a gentle massage on the skin.

EU CLASSIFICATION:

Hybrid.







KERNNABIS® CREAM

MAIN ACTIVE INGREDIENTS:

Cannabidiol (CBD), Hypericum, Arnica, Hyaluronic acid, Glucosaminoglycans.

MAIN BENEFITS:

- Moisturizing action Comforting effect Relief and well-being.
- Non comedogenic.
- Dermatologically tested.

FORMAT:

Cream - 100 ml. Sachet - 5 ml (sample).

MARKET POSITIONING:

Pain.

POSOLOGY:

Apply to the indicated area with a light massage to facilitate absorption.

EU CLASSIFICATION:

Cosmetic.











KERNNABIS® ORAL

MAIN ACTIVE INGREDIENTS:

Cannabis sativa oil, Valerian officinalis extract, Vitamin B2, Vitamin B6, Vitamin B12, Vitamin E.

MAIN BENEFITS:

- Calms and Relax.
- Supports the normal functioning of the nervous system thanks to vitamins B2, B6 and B12.
- Helps to calmly cope with stress thanks to valerian extract.

FORMAT:

30 capsules.

4 capsules (sample).

MARKET POSITIONING:

Wellbeing.

POSOLOGY:

Take 1 capsule a day. (>12 years old).

EU CLASSIFICATION:

Food supplement.



INGREDIENTS:

NUTRIENT	MG/CAPSULE	%NRV	
Cannabis sativa seed oil	475mg (Linoleic acid 218.5 mg).		
Valeriana officinalis root extract	200 mg (Valerenic acids 0.6 mg)		
Vitamin E (tocopherol equivalent)	12 mg	100%	
Vitamin B12	2.5 µg	100%	
Vitamin B6	2 mg	143%	
Vitamin B2	1.4 mg	100%	

NRV: Nutritional Reference Value.



MOVIAL PLUS FLUIDART

MAIN ACTIVE INGREDIENTS:

Pure Type II Hydrolyzed Collagen, Hyaluronic Acid, Pomegranate Extract (Punica granatum L.), Vitamin C, Zinc.

MAIN BENEFITS:

• **MOVIAL PLUS FLUIDART** has been specifically formulated to promote the normal formation of **Collagen** for the proper function of bone and cartilage in the joints thanks to the presence of **Vitamin C**, as well as the protection of cells against oxidative stress. In addition, **Zinc** contributes to the normal maintenance of bones.

FORMAT:

28 capsules. 4 capsules (sample).

MARKET POSITIONING:

Join care for sistemic use.

POSOLOGY: Take 1 capsule a day.

EU CLASSIFICATION: Food supplement.



INGREDIENTS:

For 1 capsule: Pure hydrolyzed collagen 180 mg (Type II collagen 90 mg, Chondroitin sulfate 18 mg, Hyaluronic acid 0,9 mg). Pomegranate extract (*Punica granatum L.*) 90 mg. Vitamin C 80 mg (100% NRV*). Hyaluronic acid 6,4 mg. Zinc 1.5 mg (15% NRV*).

NRV: Nutritional Reference Value.





MOVIAL PLUS CREAM

MAIN ACTIVE INGREDIENTS:

Glycosaminoglycans(mucopolysaccharides), Hyaluronic acid.

MAIN BENEFITS:

- Prevents injuries. Special for sport massage.
- Promotes mobility and recovery of muscles and ligaments after physical activity.
- It helps to calm joint discomfort and the recovery of muscles and ligaments after physical exercise.
- Dermatologically tested.

FORMAT:

100 ml tube. 5ml sachet (sample).

MARKET POSITIONING:

Join care for topic use.

POSOLOGY:

Apply Movial Plus Cream daily, morning and night, by means of a superficial massage. Spread the emulsion with short circular movements until it is completely absorbed.

EU CLASSIFICATION:

Hygiene product (sports massage).



INGREDIENTS: Hydrolyzed glycosaminoglycans. Sodium hyluronate.



SARCODYN®

MAIN ACTIVE INGREDIENTS:

HMB (ß-hydroxy-ß-methylbutyrate), Vitamin D, Magnesium.

MAIN BENEFITS:

• **SARCODYN** pineapple flavor is a food supplement with a specific formula for normal muscle function^{*} thanks to its vitamin D and magnesium content. In addition, its magnesium content contributes to the adequate formation of proteins .^{**}

FORMAT:

21 sachets. 1 Sachet (sample).

MARKET POSITIONING: Avoid lean body mass. Recover your strenght.

POSOLOGY: Take 1 sachet a day, diluted in plenty of water or juice.

EU CLASSIFICATION:

Food supplement.

* thanks to its magnesium content * thanks to the presence of magnesium and vitamin D.

INGREDIENTS:

Ca-HMB (calcium ß-hydroxy--methylbutyrate): 3.57 g, Vitamin D (cholecalciferol): 7.85 μ g (150% NRV*), Magnesium: 300 mg (80% NRV*).

*NRV: Nutritional Reference Value.





FLUKALM® CAPSULES

MAIN ACTIVE INGREDIENTS:

Cold relief, Paracetamol, Chlorphenamine, Dextromethorphan, Pseudoephedrine.

MAIN BENEFITS:

• Relief the symptoms of colds and flu that cause: mild or moderate pain, runny nose, congestion and fever.

FORMAT: Boxes of 10 capsules - 16 capsules - 20 capsules.

MARKET POSITIONING: Respiratoy.

EU CLASSIFICATION: Well established use.



INGREDIENTS:

NUTRIENT	MG/CAPSULE	%NRV
Paracetamol	500 mg	
Chlorphenamine	2 mg	
Dextromethorphan	150 mg	
Pseudoephedrine	30 mg	

NRV: Nutritional Reference Value.



FLUKALM® SACHETS

MAIN ACTIVE INGREDIENTS:

Paracetamol, fenilefrine, clorfenamine.

MAIN BENEFITS:

• Relief the symptoms of colds and flu that cause: mild or moderate pain, runny nose, congestion and fever. (check with doctor).

FORMAT:

Sachets: 650 mg, 1gr.

MARKET POSITIONING: Respiratoy.

EU CLASSIFICATION:

Well Established Use.



INGREDIENTS:

NUTRIENT	MG/CAPSULE	%NRV
Paracetamol	650 mg	
Chlorphenamine	4 mg	
Pseudoephedrine	15,58 mg	

NRV: Nutritional Reference Value.



HEDERATOS[®]

MAIN ACTIVE INGREDIENTS:

Hedera Helix L dry extract.

MAIN BENEFITS:

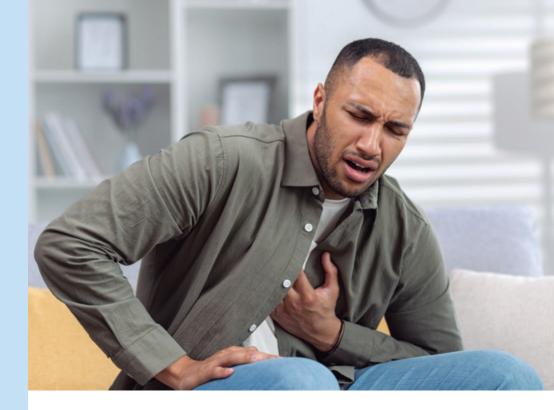
• Herbal medicinal product used as an expectorant in case of productive cough.

FORMAT:

1 box with 20 Stick pack(5ml). Bottle 100 ml. Bottle 150 ml. Bottle 200 ml.

MARKET POSITIONING: Respiratory.

EU CLASSIFICATION: Well Established Use.





KERNATUS[®]

MAIN ACTIVE INGREDIENTS:

Cloperastine.

MAIN BENEFITS:

• Treatment of unproductive forms of cough, such as irritative cough or nervous cough, helping them to stop.

FORMAT:

1 box with 10 stick packs. 1 box with 20 stick packs.

MARKET POSITIONING: Respiratory.

EU CLASSIFICATION:

OTC.



ALERGYSTOP[®]

MAIN ACTIVE INGREDIENTS:

Desloratadine 5mg.

MAIN BENEFITS:

• Desloratadine is used in adults and children to relieve hay fever and allergy symptoms, including sneezing; runny nose; as well as red, itchy and watery eyes.

FORMAT:

1 box with 10 stick packs.

MARKET POSITIONING: Respiratory and antihistaminic.

EU CLASSIFICATION: Well established use.





OXICOL

MAIN ACTIVE INGREDIENTS:

Red Yeast Rice (Monacolin K), Berberine Extract, Grape Extract, Olive Extract, Resveratrol.

MAIN BENEFITS:

 OXICOL is a food supplement based on plant extracts and monacolin K* from red yeast rice, berberine, which helps to maintain cholesterol normal levels, regulates cardiovascular system function favoring the control of plasma triglycerides and olive (with hydroxythrosol), which helps protect blood lipids against oxidative stress.

FORMAT:

28 capsules. 4 capsules (sample).

MARKET POSITIONING:

Cholesterol control, cardiovascular risk.

POSOLOGY: Take 1 capsule a day, before bedtime.

EU CLASSIFICATION:

Food supplement.

* The beneficial effect is obtained with the daily intake of 10 mg of monacolin K from fermented preparations of red yeast rice.



INGREDIENTS:

For 1 capsule: Red yeast rice 67.5 mg - 2.9 mg monacolin K, Berberis aristata DC. extract 588.2 mg - 500 mg berberine, Grape extract 54.1 mg - 13.5 mg polyphenols; Olive extract 72 mg - 5 mg hydroxytyrosol, Resveratrol 8 mg.









OXICOL PLUS OMEGA

MAIN ACTIVE INGREDIENTS:

Red Yeast Rice (Monacolin K), Fish Oil with Omega-3 Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA), Grape Extract, Olive Extract and Resveratrol.

MAIN BENEFITS:

OXICOL PLUS OMEGA is a food supplement that contributes to the normal functioning of the heart due to its high content of Omega-3 fatty acids (Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA)), to normalize cholesterol levels thanks to Monacolin K and Hydroxythrosol which helps to protect blood lipids, like cholesterol, against oxidative stress.

FORMAT:

30 capsules. 4 capsules (sample).

MARKET POSITIONING: Cholesterol control, cardiovascular risk.

POSOLOGY:

Take 1 capsule a day, preferably before bedtime.

EU CLASSIFICATION:

Food supplement.

INGREDIENTS:

For 1 capsule: Red yeast rice 67.5 mg - 2.9 mg monacolin K. Fish oil 473 mg with omega-3 fatty acids 283 mg - EPA 149 mg. DHA 111 mg. Olive extract 62.5 mg - 5 mg hydroxytyrosol. Grape seed extract 60 mg - 57 mg PACs. Resveratrol 8 mg.





KERNBIOTIC®

MAIN ACTIVE INGREDIENTS:

Lactobacillus rhamnosus GG, Lactobacillus reuteri LR02, Lactobacillus plantarum LP09, Bifidobacterium breve BR03, FOS, Vitamin B12, Niacin (Vitamin B3).

MAIN BENEFITS:

- Formula contains the strains with more scientific evidence and clinical studies.
- Vitamin B12 contributes to the normal functioning of the immune system.
- Vitamins B12 and B3 help to reduce tiredness and fatigue.

FORMAT:

Box with 10 sachets.

MARKET POSITIONING:

Digestive Health.

POSOLOGY:

Dilute the sachet in liquid content (200 ml) and take preferably before meals.

It is recommended to take between 1-2 sachets a day during 1-3 months.

EU CLASSIFICATION:

Food Supplement.



INGREDIENTS:

For 1 sachet (2.5 g): Lactobacillus rhamnosus GG (40 mg - 4×10^{9} cfu), Lactobacillus reuteri LR02 (20 mg - 2×10^{9} cfu), Lactobacillus plantarum LP09 (20 mg - 2×10^{9} cfu), Bifidobacterium breve BR03 (20 mg - 2×10^{9} cfu), FOS (500 mg), Vitamin B12 (2.5 µg - 100% NRV), Niacin (Vitamin B3) (17.6 mg - 110% NRV)

NRV: Nutritional Reference Value.



REDIGEST PRO[®]

MAIN ACTIVE INGREDIENTS:

Fennel extract, Gentian extract, Artichoke extract, Lactase and other digestive enzymes.

MAIN BENEFITS:

- Heavy digestions.
- Digestive comfort.
- Elimination of gases and bloat.

FORMAT:

30 capsules. 4 capsules (sample).

MARKET POSITIONING:

Digestive Health.

POSOLOGY:

Take 1 capsule with a meal (up to a maximum of 3 capsules per day). In cases of lactose intolerance, take 1 capsule 20-30 minutes before meals.

EU CLASSIFICATION:

Food Supplement.



INGREDIENTS:

Gentian root extract (*Gentiana lutea L*) 240 mg. Artichoke leaf extract (*Cynara scolymus L*) 200 mg. Sweet fennel fruit extract (*Foeniculum vulgare Miller subsp.* vulgare var. dulce) 100 mg. Lactase 45 mg (4,500 FCC). Digestive enzymes (amylase, lactase, cellulase, protease, glucamylase, pectinase, lipase) 75 mg.







REDILAX PRO[®]

MAIN ACTIVE INGREDIENTS:

Lactitol, Native chicory inulin (Orafti[®] Inulin).

MAIN BENEFITS:

- Lactitol promotes normal intestinal transit by increasing stool frequency. The prebiotic fiber native chicory inulin (Orafti[®] Inulin) balance the intestinal flora.
- Balance the intestinal flora with prebiotic fiber.

FORMAT:

Box with 14 sticks. 1 Stick pack (sample).

MARKET POSITIONING: Digestive Health.

POSOLOGY: Take 1 or 2 sticks with food daily directly without the need for water.

EU CLASSIFICATION: Food Supplement.



INGREDIENTS:

For 1 sachet: Lactitol 10 g. Native chicory inulin (Orafti® Inulin) 6 g.







REDISAC®

MAIN ACTIVE INGREDIENTS:

Nopal (Opuntia ficus indica Mill.) stem extract, Marian thistle (Silybum marinum) Tail (Cola acuminata (P.Beauv.) Schott et Endl.), Cholin, Niacin or Vitamin B3 Zinc, Vitamin B6.

MAIN BENEFITS:

- Nopal: Prevents discomfort after alcohol consumption.
- **Marian Thistle**: Liver function and detoxification, hepatoprotective and hepatic regenerator, purifying function of the organism, antioxidant.
- Choline: Normal liver function and lipid metabolism.
- **Niacin** (VIT B3): Normal energy metabolism, reduce tiredness and fatigue.
- **Zinc**: Protection of cells against oxidative damage, metabolism of carbohydrates, macronutrients and fatty acids, acid-base metabolism and cognitive function.
- **VIT B6**: Supports normal cysteine synthesis and homocysteine metabolism, energy metabolism.
- Tail: Helps to increase resistance to physical and mental fatigue.

FORMAT:

Box with 10 stick packs. 1 stick pack (sample).

MARKET POSITIONING:

Digestive Health.



POSOLOGY:

Take 1 stick a day directly without the need for water. If alcohol is consumed, it is recommended to take it 5 hours before its consumption.

EU CLASSIFICATION:

Food Supplement.









MAIN ACTIVE INGREDIENTS:

Diosmin Flavonoic Fraction.

MAIN BENEFITS:

• Relieves the symptoms of venous insufficiency of the legs, such as the feeling of heaviness, tightness, tingling and itching in the legs with varicose veins and swollen legs.

FORMAT:

Diosmin/Hesperidin (FFP) 500mg: Boxes of 10 tablets, 20 tablets, 30 tablets, 60 tablets, 90 tablets, 120 tablets, 180 tablets.

Diosmin/Hesperidin (FFP) 1000mg: Boxes of 10 tablets, 18 tablets, 20 tablets, 30 tablets, 60 tablets , 90 tablets, 120 tablets, 180 tablets. 1 box with 30 stick packs.

MARKET POSITIONING:

Venous system.

POSOLOGY: Take 1 or 2 sticks with food daily directly without the need for water.

EU CLASSIFICATION: Well Established Use.









REVIMEMORY®



MAIN ACTIVE INGREDIENTS:

With herbal extracts of Ginseng (Cereboost), Bacopa, Pomegranate and Zinc.

MAIN BENEFITS:

- Enhances memory and supports brain performance.
- Supports normal cognitive function.
- Improves concentration and coordination.
- Enhances physical performance.

FORMAT:

30 capsules. 4 capsules (sample).

MARKET POSITIONING:

Well-being.

POSOLOGY: Take 1 capsule a day, preferably with water.

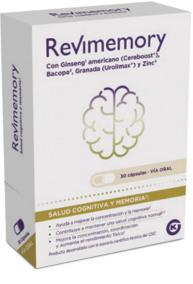
EU CLASSIFICATION:

Food Supplement.



SUITABLE FOR VEGANS





REVICALM®



MAIN ACTIVE INGREDIENTS:

Lavanda Essential, Rhodiola, Holy Basil, Saffron and Vitamins B1, B5, B6, B12.

MAIN BENEFITS:

- Imporoves mental and physical well-being.
- Reduce irritability and stress.
- Improves mood.
- Reduces sadness and irritability.
- Contributes to an optimal mental activity.
- Helps to reduce tiredness and fatigue.

FORMAT:

30 capsules. 4 capsules (sample).

MARKET POSITIONING:

Well-being.

POSOLOGY:

Take 1 capsule a day, preferably at the same time. Start working from the first intake.

EU CLASSIFICATION:

Food Supplement.









CEANNUM

MAIN ACTIVE INGREDIENTS:

VERISOL® Hydrolyzed pure collagen, Hydrolyzed elastin of natural origin, Vitamin C.

MAIN BENEFITS:

- **TYPE I HYDROLYZED COLLAGEN:** Bioactive peptides of low molecular weight hydrolysed collagen for better absorption.
- It helps to mantain the normal structure of the skin and provides firmness.
- Improves the extracellular dermal matrix turn-over.
- It helps to keep hydration for a healthy skin.
- **ELASTIN:** Marine protein of low molecular weight (PROLASTIN®) that promotes its absorption and provides resilience to the skin.
- Protection against elastin fibres degeneration.
- Promotes the synthesis of new elastin fibres.
- Regenerates elastin fibres.
- **VITAMIN C:** Essential water-soluble vitamin necessary for tissue growth and repair.
- Protection against oxidative damage (antioxidant).
- Essential for collagen synthesis.

FORMAT:

Oral solution in single unidose containers.

MARKET POSITIONING:

Nutricosmetics, anti-age, skin.

POSOLOGY:

Shock Therapy: 1 drinkable vial during 20 days. Maintenance: 1 box a month (10 drinkable vials a month).



EU CLASSIFICATION: Food supplement.

INGREDIENTS:

For 1 vial:

VERISOL[®] Hydrolyzed pure collagen 10.3 g. Hydrolyzed elastin of natural origin 599 mg. Vitamin C 23 mg (29% NRV).

GLUTEN FREE



REVIDOX

MAIN ACTIVE INGREDIENTS:

Grape extract. Pomegranate extract. Resveratrol, Selenium.

MAIN BENEFITS:

• **REVIDOX** is a food supplement that has a unique anti-aging formula composed of a concentrate of active ingredients, which represent a clear advance in the protection against cellular aging, such as **anthocyanins in Grape extract and Resveratrol**, with antioxidant properties, and **Selenium** that helps to protect cells against oxidative damage thanks to the presence of selenium.

FORMAT:

30 capsules. 4 capsules (sample).

MARKET POSITIONING:

Immune System, Cellular Anti-Age, Antioxidant product.

POSOLOGY:

One capsule a day.

EU CLASSIFICATION:

Food supplement.

INGREDIENTS:

For 1 capsule: Grape Skin Extract (*Vitis vinifera L.*): 125 mg. Resveratrol: 8 mg. Pomegranate Extract (*Punica Granatum L.*): 125 mg. Selenium Yeast: 25 mg - 50 µg of Selenium (90 % NRV*).

*NRV: Nutritional Reference Value.





REVIDOX ADN

MAIN ACTIVE INGREDIENTS:

Grape extract. Pomegranate extract. Vitamin C, Resveratrol, Zinc, Selenium, Riboflavin (Vitamin B2).

MAIN BENEFITS:

• **REVIDOX DNA**, thanks to its content of Riboflavin, Vitamin C, Zinc and Selenium, helps you protect cells against oxidative damage. In addition, the Zinc present in its formula contributes to the proper formation of DNA.

• Thanks to the presence of **Zinc, Selenium and Vitamin C** contribute to the correct functioning of the immune system.

FORMAT:

28 capsules. 4 capsules (sample).

MARKET POSITIONING:

Immune System, Cellular Anti-Age, Antioxidant product.

POSOLOGY:

One capsule a day.

EU CLASSIFICATION:

Food supplement.



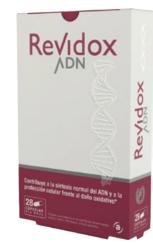
INGREDIENTS:

For 1 capsule:

Grape skin Extract (*Vitis vinifera L.*): 125 mg. Resveratrol: 8 mg. Pomegranate Extract (*Punica Granatum L.*): 125mg. Selenium: 34 µg (61.8% NRV*). Vitamin C: 12 mg (15% NRV*). Zinc: 1.5 mg (15% NRV*). Vitamin B2 (Riboflavin): 1.4 mg (100% NRV*).

*NRV: Nutritional Reference Value.









COMMITTED TO HEALTH AND QUALITY OF LIFE OF PEOPLE By your side in self care

